

# Greetings from the Roman Catholic Diocese of Prince Albert Pro-Life Council

Every year on May 31st, the Church celebrates the visitation of Mary to her cousin, St. Elizabeth. Over the last few years, our diocese has celebrated this day with a special mass at Sacred Heart Cathedral, focused on recognizing and praying for the dignity of life.

However, this year May 31st falls on Trinity Sunday. Therefore, we are encouraging individual parishes in the diocese to pray in a special way for intentions related to the dignity of life on that day.

Ways this can be done include, but are not limited to:

- Special forms of prayer before mass (rosary, etc.) for the protection of life from conception to natural death, an end to abortion and euthanasia, the conversion of hearts and minds who do not recognize the dignity of life, courage for those in positions of power to promote the dignity of life, healing and forgiveness for those in need of it and who seek it, hope for those facing difficult circumstances, etc.
- Pro-life prayer intentions included in the prayers of the faithful
  - A special focus on these topics in preaching

We have also included a document that can be printed, laminated (if possible), and cut to provide prayer cards for those who attend on that day. If your parish chooses to provide these prayer cards, ensure the printer is set to print double-sided.

Thank you, and God bless